

Low Cost and Free Meals Directory








Bankstown Area - Meals



Health
South Western Sydney
Local Health District

Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of use	Transport	
<i>Bankstown Meals on Wheels</i>	Greenacre Senior Citizen Centre, 202 Waterloo Rd, Greenacre 02 9707 9646	Home meal delivery	Delivery between Mon - Fri 11:30am - 1pm	Cost varies between \$2 - \$8	Registration required, contact organisation prior	Delivery	
<i>Bankstown Meals on Wheels</i>	Bankstown Senior Citizens Centre, 7 West Terrace, Bankstown 02 9707 9646	Centre based meals <i>Suspended COVID19</i>	Mon - Fri 9:30am - 2:30pm	Cost varies between \$2 - \$8	Registration required, contact organisation prior	Bankstown station 5 min walk	
<i>Bankstown Meals on Wheels</i>	Greenacre Senior Citizen Centre, 202 Waterloo Rd, Greenacre 02 9707 9646	Centre based meals <i>Suspended COVID19</i>	Mon - Fri 10:30am - 2:30pm	Cost varies between \$10 - \$12	Registration required, contact organisation prior	M90 7 min walk	
<i>Canterbury Meals on Wheels</i>	2/2 Carrington Square, Campsie 02 9718 3093	Home meal delivery	Mon - Fri 10:30am - 2pm	\$7	Registration required, contact organisation prior	Delivery	
<i>Chester Hill Neighbourhood Centre</i>	Chester Hill Guide Hall, 159 Waldron Road, Chester Hill 02 9645 3700	Centre based meals <i>Suspended COVID19</i> EAPA available for bills	Every Wed 10am - 2pm	Free	Registration required, contact organisation prior	Chester Hill station 5 min walk	
<i>Riverwood Community Centre</i>	151 North Belmore Road, Riverwood 02 9533 0100	Outdoors hot meals	Every Mon 4:30pm – 5:30pm	Free	Must be a community member	Bus routes: 940, 944, 945	
<i>Muslim Women's Association</i>	47 Wangee Rd Lakemba 02 9750 6919	Frozen meals and bread	Thurs 11am	Free	Call to make appointment	Bus routes: 946	
<i>Salvation Army</i>	Courtyard Café 42 Raymond Street, Bankstown 02 9796 1176	Centre based meals <i>Suspended COVID19</i>	Tues – Wed 11:45am – 12:30pm	Cost varies between \$2 - \$4	No conditions	Bankstown station 4 min walk	
<i>Youth Off the Streets Outreach</i>	Paul Keating Park, The Mall, Bankstown 02 9796 1193	Centre based meals and snacks <i>Suspended COVID19</i>	Every Thurs 6pm - 9pm	Free	Must be 12 - 24 years old. Meal provided as part of activity.	Bankstown station 5 min walk	










Bankstown Area - Hampers

Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of use	Transport	
Lebanese Muslim Association (LMA)	71-75 Wangee Rd, Lakemba 02 9750 6833	Delivered hampers All other services Suspended COVID19	Fri 9am-2pm	\$5	Registration required, call prior	Lakemba station 12 min walk Bus route: 946, 3 min walk	 
Metro Assist	Level 2/59-93 Evaline St, Campsie 02 9789 3744	Food parcels	Wed- Thur by appointment.	Free	Registration required, call prior	Campsie station 8 min walk	
Mountaha's Helping Hand	2/15-17 Gartmore Avenue, Bankstown 0405 610 693	Food Parcels	Mon-Thur 10:30am – 1pm	\$5	Appointment/ referrals required	Bus routes: 945, M91	
Prosper project	34 North Parade, Campsie 0402 787 571	Food parcels	Thur 10am – 2pm	Free	Call prior	Campsie station 2 min walk	
Salvation Army	23 Anglo Rd, Campsie 02 9718 7933	Food parcels	Call for appt	Free	Registration required, call prior	Campsie station 2 min walk	
St Vincent's De Paul Society	2A East Terrace, Bankstown 02 9796 1176	Food parcel	Mon – Fri 9:30am - 12pm, 1pm - 3:30pm	Free	No conditions	Bus Route: 944	

Bankstown Area - Community Pantry

Addison Road Community Organisation	Belmore Youth Resource Centre, 38-40 Redman Parade, Belmore 0423 207 530	Pantry Suspended Food Vouchers available on request	Fri 9:30am - 11am	\$5 bag	Youth	Belmore Station 2 min walk	
Anglicare	Good Shepherd Church, 80 Pandora Street, Greenacre 02 9750 8250	Mobile Pantry suspended Call to pre order groceries	Every second Wed 1:30pm - 2:30pm	\$10 contrib.	Register, fill a bag with pantry items of your choice	Bus routes: 939, 941	
Anglicare	St Andrews Anglican Church, Corner Quigg and Lakemba Street, Lakemba 0425 219 029	Mobile Pantry suspended Call to pre order groceries	Every second Thurs 1:30pm - 2:30pm	\$10 contrib.	Register, fill a bag with pantry items of your choice	Lakemba station 6 min walk	
Anglicare	Yagoona Anglican Church, 213 Auburn Road, Yagoona 02 9793 3062	Mobile Pantry suspended Call to pre order groceries	Every second Wed 12:30pm - 1:30pm	\$10 contrib.	Register, fill a bag with pantry items of your choice	Bus routes: 907, M91	

Bankstown Area – Community pantry

Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of use	Transport
<i>Anglicare</i>	Chester Hill Anglican Church, 125 Proctor Parade, Chester Hill 0422 844 380	<i>Mobile Pantry suspended</i> Call to pre order groceries	Every second Wed 1:30pm - 2:30pm	\$10 contrib.	Register, fill a bag with pantry items of your choice	Chester Hill Station 5 min walk 
<i>Anglicare</i>	Riverwood Anglican Church, 9 Littleton Street, Riverwood 02 9153 7624	<i>Mobile Pantry suspended</i> Call to pre order groceries	Every second Thurs 9:30am - 10:30am	\$10 contrib.	Register, fill a bag with pantry items of your choice	Bus routes: 940, 944, 945, M91, M92 
<i>Anglicare</i>	Anglicare Shops Factory Outlet, 9 Christina Rd, Villawood 02 8774 7467	<i>Pantry suspended</i> Call to pre order groceries	Mon - Fri 9am - 3:45pm Sat 9am - 1:45pm	\$10 contrib.	Register, fill a bag with pantry items of your choice	Leightonfield station 9 min walk 
<i>Bankstown Women's Health Centre</i>	24-26 Jacobs St, Bankstown 02 9790 1378	Fresh fruit, veg pantry items. Phone to book.	Mon & Thurs 9:30am – 12pm	\$2 contrib.	BYO bag and ID for residence in Bankstown area.	Bankstown station 5 min walk 
<i>Campsie Uniting Church</i>	36 Evaline St, Campsie 0409 648 623	Fresh fruit, veg and bread. Call to book. <i>Lunch Suspended COVID19</i>	Mon-Fri 12pm – 5pm	Free	No conditions.	Campsie station 5 min walk 
<i>Campsie Drop in</i>	36 Evaline St, Campsie 0409 648 623	Fresh fruit, veg, bread	Call to book	Free	No conditions.	Bus route: 412, 415, 445 
<i>Greenacre Area Community Centre - Food Share Program</i>	87 Waterloo Rd, Greenacre 02 9750 7982	Fresh fruit, veg, pantry items	Every Fri from 11am – 4pm	\$2 contrib.	Must be 18 years of age and older and live in Canterbury/ Bankstown area	Bus routes: 939, 941 
<i>Greek Orthodox Community NSW</i>	206-210 Lakemba St, Lakemba 02 9740 6022	Hot meal, bread & pastries.	Tues 12pm Fri 11.30am	Free	Call prior	Bus: 942, 946 
<i>The Staples Bag</i>	449 Canterbury Rd, Campsie 02 9787 6832	Fresh fruit, veg, pantry items. Call to order.	Mon - Fri 9am - 5pm Sat 9am - 2pm	Cost varies between \$15 - \$30	No conditions.	Bus routes: M41, 415, 420, 445, 492 

Disclaimer
Information included in this directory is correct at the time of publishing.
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Walk from station



Bus stop route within 5 mins from location



Home Delivery

Please contact Health Promotion Service for more information at SWSLHD-HealthPromotionUnit@health.nsw.gov.au